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Oral Discomfort After a Cleaning

A thorough cleaning unavoidably produces some bleeding and swelling and may cause some tenderness or discomfort. This is not due to a "rough cleaning" but, to tender and inflamed gums from insufficient oral hygiene. We recommend the following for 2-3 days after a cleaning was performed.

- A warm salt water rinse 2-3 times a day. (1 teaspoon of salt in 1 cup of warm water)
- For discomfort use Children's Tylenol, Advil, or Motrin as directed by the age of the child.

Please do not hesitate to call the office if there are any questions or if discomfort persists for more than 7 days.